

# Letting Go of the Old You

## Workbook

Walk into all God has for you!

# Abundant Life

[adoraboyd.com](http://adoraboyd.com)

# Letting go of the Old You!

## Reflection

Are you afraid of the unknown?

Yes

No

What are your fears?

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Have you felt God's call to come on this Journey of faith with Him?

Yes

No

Why have you been afraid and holding back?

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### **Bible Verse:**

*"Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go." Joshua 1:9*

Write one (1) Bible Verse you can use for encouragement.

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**It's a New Day! Time to Let go of the Baggage**

Before you step into the New, let go of all the baggage. Create your list:

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Refer to the Post ***“Letting go of the old you”*** and now accept the Abundant Life Christ has for you.

*"He is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us" Ephesians 3:20*

***Spend some time in prayer.***

**You can use prayer on Post and/or create your own**

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